

SAKARYA UNIVERSITY PANDEMIC MANAGEMENT GUIDE

Starting from the Fall semester of the 2021-2022 Academic Year, it has been decided to switch to face-to-face education in formal programs at our universities. Accordingly, it is of great importance that all our stakeholders involved in the education process at our university comply with the rules below in order for the continuation of education to be possible face-to-face.

The rules to be applied at our university during the pandemic period are summarized below.

Campus Entrances

- Temperature measurement will be made.
- HES code (Turkish HEPP code) will be queried.

Classrooms

- Hand antiseptics will be available at the beginning of the corridor.
- The sparse capacity of the class will be indicated at the class entrance.
- Necessary markings will be made on the seats as 1 empty and 1 full (back row diagonally full-empty).
- If portable chairs are used, there will be seats equal to diluted capacity in the classroom and the seating arrangement will be arranged with a wide distance.
- Students will not be allowed to move chairs and desks in the room and classrooms.
- Students and instructors will continue the lesson by wearing masks appropriately throughout the lesson.
- Classrooms will be regularly ventilated by opening windows. Natural ventilation will be preferred, air conditioning and ventilators will be closed as much as possible as this may cause the spread of droplets.
- Large halls will be preferred for loud activities due to droplet formation.
- During face-to-face lessons, there will be a break of at least 15 minutes every 30 minutes.
- There will be no block lessons.
- Classes will be cleaned with an appropriate disinfectant before class in the morning, lunch and evening before the second education.

Laboratories

- The seating arrangement will be made by taking into account the physical distance as in the classrooms.
- The use of sinks and sinks for personal hygiene purposes will not be allowed. For this purpose, students will be directed to the hand hygiene station at the entrance.
- During laboratory practice, everyone has to wear a mask appropriately.
- In cases where close interaction between instructor-student or student-student is inevitable, all participants will take additional precautions such as face/eye protection visors in addition to the mask.
- Shared use of devices by different individuals will be prevented as much as possible; however, in mandatory cases, the devices will be properly disinfected after each use. For this purpose, appropriate disinfectant will be available in the laboratory.

Meeting and Conference Halls

- The capacity will be adjusted to be diluted seating and the number of capacity will be indicated at the door entrances.
- Hand antiseptics will be available at the entrance of the hall.

- Participation in the meetings will be limited to the minimum number of people; Meetings with a high number of participants (especially if physical distance and diluted maximum capacity conditions of the hall are insufficient) will be held online.
- Attention will be paid to informing the participants of the start-end times of the meeting in advance and to keep the meeting time as short as possible. Extended meetings will be held online.
- If there are central ventilation systems, these systems will be adjusted to provide completely natural air circulation, doors and windows will be kept open and ventilated with natural air.
- All participants will wear masks appropriately during the meeting.
- Refreshments will not be served at the meetings.

Library

- Everyone in the library will wear masks.
- It will be adjusted to be a diluted seating arrangement.
- Where possible, students will be directed to the online facilities offered by the library.
- Windows and doors will be opened to ventilate with natural air, and the use of air conditioners and fans will be avoided.
- Hand antiseptics will be available at the entrance and on each floor.
- Hand sanitizer will be used before and after using the books.

Canteens / Cafes / Dining Halls

- The table setting will be set to be diluted seating.
- Students will be directed to sit outdoors as much as possible.
- Windows and doors will be opened to ventilate with natural air, and the use of air conditioners and fans will be avoided.
- Easily accessible hand antiseptics will be available.
- Except for eating and drinking; All employees will wear masks at all times.
- Forks, spoons and knives will be presented in paper pocketed packages.
- Contactless payment methods will be preferred whenever possible.

Infection control and prevention (valid for Health Sciences Units Only):

- Necessary measures for infection control will be taken within the possibilities, both in group work and in one-to-one applications, and students will be informed about protection measures according to the laboratory, unit and center where the application will be made.
- Students who do not comply with the protection measures will not be allowed to continue the practices as they may put their own and other people's health at risk.
- In cases where contact is required in applied trainings, infection control measures will be taken into consideration.
- Unnecessary stays in health centers will be reduced, planning will be made in a way to make concentrated practical applications at certain hours, patient interviews, case analyzes, project preparation, presentation preparation, article writing, homework, etc. applications will also be evaluated.

Persons who fall under the definition of Close Contact (High Risk)

Persons who have contact with a COVID-19 patient without taking protective measures (without mask or improper use of mask) are considered high-risk contacts in the following situations.

1. Persons who stay in the same indoor environment with a COVID-19 patient for more than 1 meter and longer than 15 minutes,
2. People who come into physical contact with a COVID-19 patient (e.g. kissing, hugging, hugging, etc.),
3. Those who share a room with a COVID-19 patient at home, dormitory or hotel (regardless of the use of masks),
4. Passengers traveling in the same vehicle with a COVID-19 patient sitting in two front, two back and side seats,
5. People who work in the same office as a COVID-19 patients.

If any of the students in a class is diagnosed with COVID-19 positive;

- The student who is found positive will be removed from the class and directed to the defined unit of the university.
- If the instructor and students use masks to cover the mouth and nose in accordance with the rules, the instructor and students will be considered contacted with COVID-19 and the lesson will continue on the condition that they wear masks in accordance with the rules.
- The instructor and the students of the course with a positive case will follow the symptom questioning and temperature measurements once a day for 14 days.
- People with symptoms or high fever will go to the health facility.
- In the event that the students studying in the same course group test positive for PCR twice within five days, all of the students in that course group will be considered as close contacts. During the monitoring period, the course will be held remotely.

Persons who fall under the definition of Contact (Low Risk)

Persons who have contact with a COVID-19 patient by taking protective measures (by wearing a mask that covers the mouth and nose) are considered low-risk contacts in the following cases..

1. Persons who have been in the same well-ventilated indoor environment as a COVID-19 patient,
2. Students and instructors who share the same class with the student/teaching staff with COVID-19,
3. Those who live in the same house with the COVID-19 patient,
4. Working in the same office as a COVID-19 patient ,
5. Without taking preventive measures (no mask is worn or not properly worn) for droplet infection with a COVID-19 patient; Unmasked persons who have been in the same indoor environment with a COVID-19 patient more **than 2 meters away and for less than 10 minutes**

Measures to be applied to Close Contact (High Risk) persons

- They stay in quarantine for the period determined by the Ministry of Health.
- They will not be allowed to enter the campus during the quarantine.
- Necessary legal proceedings will be initiated against persons entering the campus in any way.
- Measures to be applied to persons who fall under the definition of Contact (Low Risk)
- These people will continue their normal lives by wearing masks, following the rules of physical distance and frequent hand washing.

If a lecturer is diagnosed with COVID-19 positive;

- The instructor who is found positive will be directed to the relevant unit of the university.
- If the students in that day's classes use masks to cover their mouth and nose in accordance with the rules, the students are considered contact and continue to other classes on the condition that they wear masks in accordance with the rules. Relevant students will follow the symptom questioning and temperature measurements themselves once a day for 14 days. People with symptoms or high fever will go to the health facility.
- As long as the health status of the instructor who is positive is suitable, he will conduct his lessons through distance education. The department will assign another lecturer for lecturers who are not in good health.

For detailed information, T.R. The Ministry of Health's COVID-19 Guide can be viewed.